



Chromie

Designed to imitate the gas trapped beneath the cuticle(outer skin) of the chironomid pupa, hence the silvery appearance. Typically the chironomid pupa traps more gas, or becomes more silvery in appearance as it rises to the surface of the lake to emerge into the adult stage. Use of a throat pump is key to verifying size and colour of the chironomid pupa being selected. Remember, there can be multiple species of chironomids emerging at the same time on the same day. Trout are not colour blind so they can select certain colours and sizes.

Chromie can be fished all through the prime months of chironomid emergences and it can be effective in the fall periods just like the black and red ice cream cone as the fish recognize the pupa even though there may not be any emerging. They have seen and eaten enough of them earlier in the season.

Material

Hook – Curved shrimp/pupa hook sizes #16-#8

Thread – Black 8/0 or 6/0 waxed

Rib – Red Holographic tinsel

Body – Silver Holographic tinsel

Thorax – Peacock herl

Gills – White Antron

Bead – Black metal bead

Chironomid Pupa without an indicator (naked)

Fly Line – WF6F Floating

Leader – 18 feet in length with 5 pound tippet

Depth anchored – 12 feet

Retrieve – very slow hand twist with short quick strips interspersed

Chironomid pupa with indicator

Fly line – WF6F – floating

Leader – 15 feet long with 5 pound tippet

Depth anchored – 13 feet

Technique – pupa suspended 12 feet below indicator

Strike indicator – Thill brand

Chironomid pupa – sinking line technique

Fly Line – WF6I – clear intermediate/slow sinker

Anchored in 27 feet of water

Line sink rate @ 2.5 inches/sec

Wait time – 2.5 minutes to ensure chironomid pupa is at lake bottom before initiating retrieve

Retrieve – very slow hand twist

Leader – 7 – 9 feet with 5 pound tippet

Note : can use type 2 to type 5 sinking lines to fish this technique. The faster sinking lines reduces the amount of time you have to wait for the fly to get to the lake bottom.

Depth sounder critical to this technique